



Important Phone Numbers

A.B.L.E.: 260-225-3872 & 573-474-5683 (fax)

Adult Abuse: 800-392-0210

CDC COVID-19 Hotline: 800-232-4636

Child Abuse: 800-422-4453 (National)

Crisis Text Line: “988” or 741-741

Disaster Distress Helpline: 800-985-5990

LGBTQ Youth Talk: 800-246-7743

LEAD Institute: 888-761-4357 (Hotline) or 800-380-3323 (Deaf line)

MHA of Heartland “Compassionate Ear Warm Line:” 866-927-6327

NAMI Missouri Warmline: 800-374-2138

National Domestic Violence Hotline: 800-799-7233

Mid-Missouri Legal Services: 800-568-4931

Suicide & Crisis Lifeline: “988” or 800-273-8255

Trans Lifeline: 877-565-8860

True North Shelter: 800-548-2480

Veterans Crisis Line: 800-273-8255